Uvvatuq Naluallangniaqtugut
(I Humbly Hope We Run Into Game): An Iñupiaq Research Process

Sean Ásiqtluq Topkok
University of Alaska Fairbanks

Hannah Paniyavluk Loon
Iñupiaq Elder

Abstract

Uvvatuq naluallangniaqtugut (I humbly hope we run into game) is a phrase an Iñupiaq person would say before going out hunting in the Selawik dialect. We believe all things have a spirit, including animals. If a hunter announces they are going out hunting, the animal spirits will hear that and the hunter may have bad luck. Another phrase said in English is “I am going out for a ride.” The University of Alaska Fairbanks (UAF) was awarded a grant from the National Science Foundation. The name of the project is Science, Technology, Engineering, and Mathematics (STEM): Teaching in Rural Areas using Cultural Knowledge Systems (TRACKS). The UAF team, known as the UAF Development Team, is working with the Northwest Arctic Borough School District to develop STEM lessons utilizing Iñupiaq knowledge systems and university research for middle school-age students in three villages. The UAF participating programs humbly reached out to local community members to establish a TRACKS Team. However, the UAF participating programs wanted the TRACKS Team to identify what is important to teach their children. The community were the ones to identify the research topic, utilizing an analogy Uvvatuq naluallangniaqtugut (I humbly hope we run into game) for an Iñupiaq research process.

Keywords: Indigenous research process, Iñupiaq knowledge
Uvvatuq Naluallangniaqtugut (I humbly hope we run into game): an Iñupiaq research process


Today the hunting laws are different from those which we were taught. For, example, the Elders taught us not to talk about the bears. This was just like a law and people respected it as a law. They told us not to brag about outwitting a bear. They did not want hunters to face a bear with that kind of attitude because they believe that a bear could eavesdrop on human conversations. (Peter Aaquuraq Atoruk as cited in Northwest Iñupiaq Elders, 1990, pp. 142-143)

Land acknowledgment (Kobuk dialect): Kaŋigsirugut savaktugut suli iñuuniaqtugut Iñupiat nunaŋat.

The introductory uqaaqtuun (historical story) was shared by Aaquuraq from Kiana, Alaska, during an Elders conference in the 1980s. The Elders spoke Iñupiatun (Iñupiaq) during conferences, the uqaaqtuutit (historical stories) were transcribed and translated by Iñupiat in Northwest Alaska, and a series of books was published by the Northwest Arctic Borough School District. Aaquuraq’s uqaaqtuun is in the Kobuk dialect. As I was growing up, Elders told us never to mention one is going out hunting, since Iñupiat išiŋqusriat suli ukpiŋikkanat taimkan machtatlugu (our people believe that animals have spirits) (Gray et al., 1981). When we go out hunting, we announce that we are going out to look around. In this article, a brief example of research with the Iñupiaq will be shared, the planning of a funded research project and how it was developed, how an Iñupiaq research design Uvvatuq naluallangniaqtugut (I humbly hope we run into game) applies to our research approach, and how our community relationship evolved between a research institution and community members to work together with the Iñupiat.

Aullagniusaaq - Beginning

There are at least 21 distinct Alaska Native groups and languages of the Indigenous people in Alaska, and the Iñupiaq people are originally from the Northern part of Alaska (Krauss, 1982) (see Figure 1). The word Inuit translates to
“people” and includes Indigenous people in eastern Russia, northern Alaska, Canada, and Greenland. Iñupiat means “genuine people” and is specific to the Indigenous people in northern Alaska, the Alaskan Inuit. We northern Alaskans prefer to call ourselves Iñupiat rather than Inuit.

Figure 1: Alaska Native Language Map (Krauss, 1982)

The University of Alaska Fairbanks (UAF) has been working with Indigenous communities locally, statewide, nationally, and worldwide for decades. One of the many programs at UAF is the Geophysical Institute (GI). UAF’s GI received a three-year grant from the U.S. Department of Education:


This project included research throughout the Iñupiaq region, from Northern Seward Peninsula to the North Slope. Iñupiaq dialects are different throughout the Iñupiaq region (MacLean, 2012; Seiler, 2012). It was a challenge for the Northern Lights project to respectfully represent all dialects from each of the communities involved with the Alaska Native Education Program award. The partners included the three school districts as well as the Native Village of Barrow, Iñupiat History,
Language and Culture Commission, Alaska Native Language Center, Iñupiat History, Language and Culture Center, Carrie M. McLain Memorial Museum, and UA Museum of the North.

Throughout the Northern Lights project, the GI was told by various Iñupiat that researchers would usually come up with a research topic without even consulting villages. This has been common practice since non-Natives came into contact with Alaska Native communities. There are Iñupiat, as well as other Alaska Native groups, who feel they have been “researched to death,” a feeling that might be common among many Indigenous people worldwide. There are also historical experiences where Western researchers would come into a community, take Indigenous knowledge, and publish without participants’ consent or acknowledgement. Thankfully, the Northern Lights project, as well as many projects from UAF’s GI, gives educational materials to the stakeholders to steward their knowledge systems and build upon the resources.

After the North Lights project ended, GI recognized the importance of true co-production and a Western institution being transformative by approaching a project driven by an Alaska Native knowledge system. They wanted to limit the number of dialects in order to provide the depth of Iñupiaq knowledge systems, rather than attempting breadth with numerous dialects. GI has already established relationships with various communities throughout Alaska, but they wanted to focus on one school district to build an authentic, intimate rapport with community members. They also wanted to start by working with one school district serving predominantly Iñupiaq students, the Northwest Arctic Borough School District (NWABSD) located in Northwest Alaska (see Figure 2 below). NWABSD is one of about 50 school districts in Alaska. GI identified two UAF collaborations to work together and apply for a National Science Foundation (NSF grant). The two additional UAF programs include K-12 Outreach and an Iñupiaq faculty member who conducts research in the Iñupiaq region, Sean Asiqluq Topkok.
Figure 2: AKRSI Participating School Districts (Hill et al., 2006)

To remind the reader, this article is about Uvvatuq nalualangniaqtugut (I humbly hope we run into game) and about positive relationships between institutions and Indigenous communities. However, the NSF-funded grant merits a brief description: Science, Technology, Engineering, and Mathematics (STEM): Teaching in Rural Areas using Cultural Knowledge Systems (TRACKS). STEM TRACKS is initially implemented in the NWABSD to develop a Cultural Connections Process Model (CCPM). The CCPM is built upon a theoretical framework of place-based and community engaged education. The first step of the CCPM is to establish a local committee known as the TRACKS Team. The TRACKS Team include: Iñupiaq educators, cultural/tribal leadership, Elders, and/or cultural knowledge bearers. Instead of a Western institution coming into a community, the TRACKS Team identified what was important to teach the Iñupiaq youth and their descendants. The process of identifying the research and educational topic was completed by utilizing ‘Uvvatuq nalualangniaqtugut’.

Turaamarusi itna uqaqsimaruamik - You have heard what has been said
After the UAF Development Team was awarded the NSF grant to implement CCPM, the first step was to establish a local TRACKS Team. Lynda McGilvary (PI), Lori Schoening (Co-PI), Sean Tevebaugh (media specialist), Esther Hammerschlag (external evaluator), and Sean Asiqłuq Topkok (Co-PI) traveled to Kotzebue to meet with local the TRACKS Team to identify the research and educational topic. Before meeting the TRACKS Team, Asiqлуq spoke with the UAF Development Team to offer an Iñupiaq approach. There are various ways of stating “we are looking around” and not stating “we are hunting.” It has already been explained that it is taimakŋaqtaq—an old belief. Gray et al. (1981) state, “…attitude and knowledge that beliefs, whether old or new, are sacred to people” (p. i). We assert that not only our beliefs are sacred, but also language, heritages, land, water, air, cultural values, etc. are equally sacred. To honor sacred Iñupiaq knowledge, one must allow that knowledge to give itself. Recognizing Iñupiaq ancestors’ philosophy as a research design helps us to Indigenize our research approach (Dunbar, 2008; Jacobs, 2008; Kovach, 2009; Meyer, 2001; Smith, 1999; Topkok, 2015; Wilson, 2008). Thus, we utilized the Selawik dialect statement: Uvvatuq nalullangniaqtugut (I humbly hope we run into game.)

Uvvatuq nalullangniaqtugut includes many Iñupiaq cultural values from the Northwest Iñupiaq Elders (see table below). “I humbly hope…” addresses Atchiksuałiq (Humility). The UAF Development Team are not the experts in the local Iñupiaq knowledge systems. Asiqлуq is Iñupiaq, but he is Qawairagmui (a person from Teller in the Kawerak region). His wife is Qikiqtağruŋmui (a person from Kotzebue), but she is not involved with the research. The UAF Development Team recognizes and values the Iñupiaq knowledge from ġ and its surrounding villages. The UAF Development Team and the TRACKS Team hope that the research and educational topic gives itself to the project. Kamaksriłiq Utuqqanaanik (Respect for Elders) is paramount at all levels and steps in the CCPM. The Elders’ knowledge and involvement is actively present in every step from conception of the research topic, to implementation and interviews, to evaluation, to revision, and for stewardship of their knowledge to continue in the lesson plans for youth and their descendants. Aatchuqtuutilıq Avatmun (Sharing of Resources) is a universal Indigenous cultural value, which is commonly done through sub-regional bartering including kinship ties. The early Iñupiat people prophesized that the people will come into nagilikišaatiq (hardship times). We are adaptable people; however, we have reached naglišaatiq which is why it is important to share knowledge. Reciprocity means one person or group shares what they have, and the other person or people share back. Utuqqanaat (Elders) gather resources with the younger Iñupiat to pass on to the next generation. Iñupiat continue to share their knowledge about whatever topic they choose, and others must find connections, see how it fits with Western science, and share back something that the Iñupiat can use and maintain. For the
purposes of the grant, it is lesson plans. This reciprocity process includes Savaqtigiyułiq (Cooperation), Savvaqtułiq (Hard Work), Iļisimaliq Uqapiańgmił (Knowledge of Language), Kamaksriłiq Nutim Iñiqtanik (Respect for Nature), Kamakkutiliq (Respect for Others), and Piqpaksriłiq Iļilgaanik and Piqpaksriłiq Iļilgaanik (Love for Children).

Asiqluq completed a draft transcription of the initial STEM TRACKS meeting from November 11, 2018, in Qikiqtarjuaq in Nikaitchuat Iļisaġviat. The purpose of the meeting was to determine what the research topic should be to teach as a geophysical science unit in middle school in the NWABSD which focuses on Iñupiaq knowledge. The transcription begins with introductions of the UAF Development and the TRACKS Team. Questions were asked about the purpose of the meeting. Team members began suggesting ideas for potential research topics, and eventually the TRACKS Team decided to focus on “snow.” The meeting lasted about an hour and 54 minutes. The topic of “ice” was mentioned 30 times throughout the meeting; “snow” was mentioned 65 times. The word “learn” was mentioned 15 times, “teach” was mentioned 40 times, “research” 10 times, and “know” 48 times. Thus, the research topic is how to blend Iñupiaq and Western knowledge together to implement a middle school lesson about apun (snow).

The draft lesson plan is called “Qanniksuq [Selawik dialect]: It is Snowing” All of the lessons are based on the Iñupiaq cultural values. The following are the Iñupiaq cultural values, formalized by Northwest Iñupiaq Elders (Northwest Iñupiaq Elders, 1990; Topkok, 2015) and written in two Iñupiaq dialects by Lorena Williams, an Iñupiaq language expert and community member:
**Northwest Cultural Values Table (in no particular order):**

<table>
<thead>
<tr>
<th>Iñupiat Ilichquisiat (Kobuk Dialect)</th>
<th>Iñupiat Ilichquisiat (Coastal Dialect)</th>
<th>English Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ilisimaliq Uqapialigmik</td>
<td>Ilisimaliq Uqapialigmik</td>
<td>Knowledge of Language</td>
</tr>
<tr>
<td>Ilisimaliq Ilãjiiligmik</td>
<td>Ilisimaliq Ilãjiiligmik</td>
<td>Knowledge of Family Tree</td>
</tr>
<tr>
<td>Aatchuqtuutiliq Avatmun</td>
<td>Aatchuqtuutiliq Avatmun</td>
<td>Sharing</td>
</tr>
<tr>
<td>Atchiksualigq</td>
<td>Atchiksualigq</td>
<td>Humility</td>
</tr>
<tr>
<td>Kamakslilq</td>
<td>Kamakslilq</td>
<td>Respect for Elders</td>
</tr>
<tr>
<td>Utuqqanaanik</td>
<td>Utuqqanaanik</td>
<td></td>
</tr>
<tr>
<td>Kamakkulilq</td>
<td>Kamakkulilq</td>
<td>Respect for Others</td>
</tr>
<tr>
<td>Savaqtigiitulilq</td>
<td>Savaqtigiitulilq</td>
<td>Cooperation</td>
</tr>
<tr>
<td>Savvaqtuliq</td>
<td>Savvaqtuliq</td>
<td></td>
</tr>
<tr>
<td>Piqpakslilq Ililgaanik</td>
<td>Piqpakslilq Ililgaanik</td>
<td>Love for Children</td>
</tr>
<tr>
<td>Paaqsaqatautiliq</td>
<td>Paaqsaqatautiliq</td>
<td>Avoid Conflict</td>
</tr>
<tr>
<td>Anayuqagich</td>
<td>Anayuqagich</td>
<td>Family Roles</td>
</tr>
<tr>
<td>Savaaksranich</td>
<td>Savaaksranich</td>
<td></td>
</tr>
<tr>
<td>Kaŋiqsimauraaligq</td>
<td>Kaŋiqsimauraaligq</td>
<td>Spirituality</td>
</tr>
<tr>
<td>Irrutchikun</td>
<td>Irrutchikun</td>
<td></td>
</tr>
<tr>
<td>Qvuianniulikun</td>
<td>Qvuianniulikun</td>
<td>Humor</td>
</tr>
<tr>
<td>Tipsisaagiliq</td>
<td>Tipsisaagiliq</td>
<td></td>
</tr>
<tr>
<td>Kamakslilq Nutim Iñiqtanik</td>
<td>Kamakslilq Nutim Iñiqtanik</td>
<td>Respect for Nature</td>
</tr>
<tr>
<td>Kiŋuniŋmi</td>
<td>Kiŋuniŋmi</td>
<td>Domestic Skills</td>
</tr>
<tr>
<td>Suragatlasinialiq</td>
<td>Suragatlasinialiq</td>
<td></td>
</tr>
<tr>
<td>Anunjialguliq</td>
<td>Anunjialguliq</td>
<td>Hunter Success</td>
</tr>
<tr>
<td>Iñuuniaqatiunik</td>
<td>Iñuuniaqatiunik</td>
<td>Responsibility to Tribe</td>
</tr>
<tr>
<td>Ikayuutiliq</td>
<td>Ikayuutiliq</td>
<td></td>
</tr>
</tbody>
</table>

(All terms were edited by Lorena Kapniaq Williams)

**Isragutirugut – We continue**

As another reminder, this article is not about the CCPM NSF research. This article is about the process of building relationships and how the sacred knowledge of Uvvatuq nalullangniaqtugut was utilized to identify a research question. The Qanniksuq lesson plans started being taught by three middle school science teachers in three schools in the NWABSD in the 2020 spring semester. However, the lessons
were not fully taught in classrooms due to a global pandemic. The lessons were
digitized, so that students can pilot them in spring 2021.

A unique opportunity happened in the 2019 fall semester. One of the Elders,
Hannah Paniyavluk Loon, who is on the TRACKS Team, was offered an adjunct
faculty position through UAF’s Chukchi Campus to teach Conversational Iñupiaq. It
is rare that an Elder is offered the opportunity to teach at the university level. Keep
in mind, Elders continually teach their heritage by living the life. Two Co-PIs from
the UAF Development Team, Lori Schoening and Sean Asiqluq Topkok, decided to
enroll into Professor Paniyavluk’s course. Schoening and Asiqluq’s reasons for
taking the class were many: 1) an Elder was teaching her heritage language; 2)
Schoening and Asiqluq want to learn more about the Qikiqta’agruk and its
surrounding villages’ dialects and cultures; 3) this opportunity would benefit the
CCPM topic of Qanniksuq; and 4) Schoening and Asiqluq wanted to support and
learn from Elder and Professor Paniyavluk as a local Iñupiaq expert.

The course was offered through audio and video conferencing. Unfortunately,
Asiqluq was not able to continue with Professor Paniyavluk’s class during the spring
semester due to his teaching workload. However, Schoening, who is instrumental
with the development of the Qanniksuq lesson plans, was able to learn from
Professor Paniyavluk throughout the academic year. The unintended result was
taking community relationship-building to another level. Professor Paniyavluk had
an opportunity to intimately get to know and spend quality, cultural time with
Schoening and Asiqluq. It was while Schoening and Asiqluq were taking class that
they learned from Professor Paniyavluk he Selawik saying, Uvvatuq
naluallangniaqtugut (I humbly hope we run into game).

Naarrutaa – It is ending

Even now, as this article is written, Asiqluq and Paniyavluk are the co-authors.
When the abstract was due, Asiqluq asked Paniyavluk to be co-authors. Paniyavluk
was living at camp near Selawik and was not sure if she could commit to writing.
Asiqluq asked her permission to write about Uvvatuq naluallangniaqtugut as an
Iñupiaq research design deciding on the CCPM research topic of Qanniksuq.
Paniyavluk gave Asiqluq permission to write. Paniyavluk returned to Qikiqta’agruk in
August 2020 and asked about co-writing the article. Asiqluq created a draft and sent
it to Paniyavluk for corrections, edits, and/or additions. Schoening is still engaged in
the Fall 2020 Iñupiaq language course offered by Professor Hannah Paniyavluk Loon.

Uvvatuq naluallangniaqtugut is a sacred saying in the Selawik Iñupiaq
community. It is a metaphor for developing a research design, where the research
question gives itself. When done properly, Uvvatuq naluallangniaqtugut is conducted
with Iñupiaq cultural values in the forefront. Paniyavluk uses expressive language on
local knowledge encompassing weather, land, ecosystem of beaver dams, mouse
caches, etc. Uvvatuq naluallangniaqtugut can and should be replicable for anyone
conducting research with and for Indigenous people. The last suggestion is to recognize and support local knowledge-bearers by learning their heritage language and culture.

**Maqqiγaat Ivaqtiguit - Resources**


